



**HOLY FAMILY JUNIOR NATIONAL SCHOOL**  
**S.E.N. DEPARTMENT**  
**May 18th**

**Dear Parents,**

Below is some suggested work that you can do with your child for week beginning May 18th. This is a general list of ideas for children who receive extra support in school. If your child is finding the below work too easy or difficult please contact your child's S.E.N. teacher for more specific work to support your child's learning.

***N.B. Some of the suggested websites may contain ads. Children should always be supervised when using the internet.***

<b>LITERACY</b>
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**Phonological Awareness:**

- We're moving on from reciting alphabet names and sounds to using this knowledge to complete games and activities here:  
[\(https://www.education.com/games/alphabet/\)](https://www.education.com/games/alphabet/)
- Making and blending CVC words. Resources are available on [www.starfall.com](http://www.starfall.com) (The Starfall website has some good ideas and suggestions for phonics. There are two options **Kindergarten** and **Grades 1,2,3**. Both have some useful and fun phonic activities).
- If your child is finding CVC words easy to make and blend, try progressing to four letter words (CCVC or CVCC)
- This week's word families (i.e. rhyming words) are words ending with **\_in**, **\_ap**, **\_ug**, **\_it**, and **\_et**.
- Let's create a list of all of the words that we know from each of the 5-word families above and stick this on a chart where we do our schoolwork. (photos of colourful charts are welcome to be sent to your teachers)
- In case you've forgotten any, a full list can be found on Starfall.com

**Tricky Words:**

Jolly Phonics Tricky Words List is available here:

<https://www.jollylearning.co.uk/resource-bank/handy-tricky-word-list/>

- Practise reading and writing your Tricky Words and continue to work through the next set of tricky words as instructed by your Support or classroom teacher.
- Some useful tricky word worksheets and games can be found on  
[www.twinkl.ie](http://www.twinkl.ie)

- Every week when we learn to read and write a new Tricky Word. Write it on a piece of paper in the shape of a leaf and stick it to the wall where we do our schoolwork. As the weeks pass you can keep adding to it and watch our 'tricky word tree' grow to show all of the tricky words that you know!

### Reading:

#### New Reading: Oxford Owl has a fantastic reading scheme offering FREE eBooks.

- You need to register for the site on <https://www.oxfordowl.co.uk/for-school/oxford-owl-ebook-collection>
- When you provide an email address and password, they will email you a link to their site.
- Once you're on the site click into eBooks.
- There are a variety of levels available and you can choose the specific level suited to your child.

#### Familiar Reading:

Re-read readers or books the children have previously read and enjoyed reading. This is extremely important for boosting the children's confidence.

- Create a picture story of a book that they are familiar with reading. This is drawing and illustrating 4 / 5 different pictures that will help tell what happened in the story. Then next the child verbally retells the story to the adult with the help of the pictures.

#### Audio Books:

<https://www.storynory.com/> -- free audio stories are available on this website

#### Reading comprehension: (based on Oxford Owls reader)

- Discuss the title of the book- asks your child to predict what the story may be about.
- Discuss the ending of the story e.g. 'Was it a good ending?' Alternative endings?
- Ask your child to retell what has been read.
- Ask your child's opinion of the story. Was it enjoyable? What did you like/not like about it?
- Ask about the characters in the story.
- Point to and ask your child to identify **tricky words** in the text.

**Shared Reading:** Enjoy a variety of books from different genres with your child (fiction, non-fiction, novels, comics, magazines). You can read it too them and discuss the events or they can attempt to read some of it with you. *Enjoy reading time together.*

Also enjoy listening to books being read together and there are some great books on [www.storylineonline.net](http://www.storylineonline.net)

## MATHS

### Oral Maths activities:

- Count in 2's up to 60
- Count in 5's up to 120
- Count in 3's up to 30.
- Count backwards from 50
- Count on / back from a given number, e.g. "Count on from 44", "Count back from 16".
- What number comes between 2 other numbers, e.g. Between 15 and 17
- Time: Use the house clock to discuss what happens at certain times:
  - 9 o'clock = breakfast. 1 o'clock = lunch. Etc.
- 2D shapes in the environment: circle, triangle, square, rectangle, semicircle, oval. Describe the shape, referring to size, corners, number and length of sides, straight and /or curved sides
- Find, describe, compare and name 3-D shapes, including cube, cuboid, cylinder and sphere.
- Choose objects in the house to compare weight: heavier than, lighter than, the same as/equal to.
- Talk about the things in the house that are: longer than, shorter than others.

### Practical Activity suggestions:

- Practice jumping backwards on the number line. Discuss Subtraction problems around the house e.g. We had 6 cups and we broke 2, how many do we have left?
- Roll the dice – using 2 or 3 dice, add the numbers that you roll
- Before and After: Think of a number, e.g. 12. Then the child must say the number before/ after 12
- What's Missing? give your child 5 numbers in order and leave out one. Then ask him/her what number is missing. So, for e.g. 37, 38, 39, X, 41... what's missing?
- Estimation: Use pasta shapes, coins, straws to practice estimating and counting.
- Money: Gather up coins – Play shop! Try to recognise, exchange and use coins.
- Capacity: Have fun with water. Use empty containers to experiment how much each one holds –How many cups of water does it take to fill the jug, for example. Estimate first and then investigate
- Time: Make a calendar – Read the day, date and month using calendar.
  - Discuss birthdays and other significant events.

You can access lots of Maths resources on [twinkl.ie](https://www.twinkl.co.uk), such as:

- 100 square and other activities
- Clock faces
- Weight, length and capacity PowerPoints and worksheets.
- Addition and subtraction worksheets.

## FINE MOTOR SKILLS

- Gardening: Clearing small areas, digging, potting and replanting small plants.  
Small vegetable patch, hands on and watch them grow over the summer.
- Threading and lacing.
- Jigsaw puzzles
- Cutting and pasting: Twinkl have a variety of cutting resources.
- Lego Construction task or any other building activity.
- Colouring
- Play dough/ Marla

### **Letter Formation:**

- Having an alphabet strip on the table in front of your child when writing can be useful if your child struggles to remember their letters or frequently reverses their letters.  
(These are available on Twinkl or you could write one out.)
- You could also practice the formations of letters. Again, there are lots of letter formation booklets on Twinkl to print or you could just practise in a copy, on a whiteboard etc.
- Twinkl have a fantastic 'bed' poster. This is very helpful if your child reverses the letters 'b' and 'd'.

## GROSS MOTOR SKILLS

- Children's Yoga: Short daily routine is great for children's posture, physical development, flexibility along with easing stress and mental wellbeing. Easing into 10 minutes a day will create a great routine.  
[www.youtube.com/watch?v=A47zwWsjXgs](http://www.youtube.com/watch?v=A47zwWsjXgs)
- Bean bag challenge; throw bean bags in a hoop/ target
- Wall warm up – how many arm pushes can you do in a minute?
- Ball skills throwing, catching and bouncing.
- Target Practice.
- Jumping, skipping, rolling

### **Other online resources available at:**

Coronavirus- A Book for Children, Axel Scheffler

[https://www.gillbooks.ie/AcuCustom/Sitename/DAM/156/Coronavirus -  
A Book For Children.pdf](https://www.gillbooks.ie/AcuCustom/Sitename/DAM/156/Coronavirus_-_A_Book_For_Children.pdf)

Cosmic Kids Yoga, on YouTube or here; <https://www.cosmickids.com/>

Joe – The Body Coach: <https://youtube/d3LPrhI0v-w>

As I Am Community Support Webinar – <https://youtu.be/fsEAVPkAfng>

Listen to free audio books by David Walliams. One new story is put up every day (<https://www.worldofdavidwalliams.com/elevenses/>)

<https://myotandme.com/>

<https://www.stageslearning.com/pages/free-autism-resources>

<https://www.dltk-kids.com/>

<https://www.helpkidzlearn.com/>

<https://www.twinkl.ie/resources/covid19-school-closures> - for Listening and Reading Comprehension Pieces

[www.borrowbox.com](http://www.borrowbox.com)

<http://www.littlemissteacher.com/>

<https://www.topmarks.co.uk/maths-games/5-7-years/counting>

<https://www.themathsfactor.com/> - Carol Vorderman has a free Maths website.

Busy at Maths: Online tutorials, games and interactive activities free to all parents - <http://my.cifallon.ie>

<https://www.mathsweek.ie/2019/maths-at-home/>

**Best wishes,  
The S.E.N. Team.**