



HOLY FAMILY JUNIOR NATIONAL SCHOOL

S.E.N. DEPARTMENT

May 7th

Dear Parents,

Below is some **suggested** work that you can do with your child for week beginning May 7th. This is a general list of ideas for children who receive extra support in school. If your child is finding the below work too easy or difficult please contact your child's S.E.N. teacher for more specific work to support your child's learning.

LITERACY

Phonological Awareness:

- Reciting alphabet names and sounds and ordering Letters a-z

Making and blending CVC words:

See www.starfall.com

(The Starfall website has some good ideas and suggestions for phonics. There are two options **Kindergarten** and **Grades 1,2,3**. Both have some useful and fun phonic activities).

- If your child is finding CVC words easy to make and blend, try progressing to 4-letter words (CCVC or CVCC).

Tricky Words:

Jolly Phonics Tricky Words List is available here:

<https://www.jollylearning.co.uk/resource-bank/handy-tricky-word-list/>

- Practise reading and writing (if your child finds reading them very easy), the first three sets of tricky words. You could write them out and play games such as snap, go fish etc.
- Some useful tricky word worksheets and games can be found on www.twinkl.ie

Reading:

Oxford Owl have a fantastic reading scheme offering FREE eBooks. You need to register for the site. When you provide an email address and password, they will email you a link to their site. Once you're on the site click into eBooks. There are a variety of levels available and you can choose the specific level suited to your child.

Reading Audio Books: Listen to free audio books by David Walliams. One new story is put up every day

<https://www.worldofdavidwalliams.com/elevenses/>

Reading comprehension: (based on Oxford Owls reader)

- Discuss the title of the book- asks your child to predict what the story may be about.
- Discuss the ending of the story e.g. ‘Was it a good ending?’ Alternative endings?
- Ask your child to retell what has been read.
- Ask your child’s opinion of the story. Was it enjoyable? What did you like/ not like about it?
- Ask about the characters in the story.
- Point to and ask your child to identify **tricky words** in the text.

Shared Reading: Enjoy a variety of books from different genres with your child (fiction, non-fiction, novels, comics, magazines). You can read it too them and discuss the events or they can attempt to read some of it with you. Enjoy reading time together.

MATHS:

Oral Maths activities:

- Count in 2's up to 50 ➤ Count in 5's up to 100 ➤ Count backwards from 50
- Count on / back from a given number, e.g. “Count on from 44”, “Count back from 16”.
- Add 1 to a given number, “23 plus 1?” or “45 plus 1?”.
- 2D shapes in the environment: circle, triangle, square, rectangle, semicircle, oval.
Describe the shape, referring to size, corners, number and length of sides, straight and /or curved sides
- Find, describe, compare and name 3-D shapes, including cube, cuboid, cylinder and sphere.

- Choose objects in the house to compare weight: heavier than, lighter than, the same as/equal to.
- Talk about the things in the house that are: longer than, shorter than others.

Maths Games:

- Odds and Evens: Do a jumping jack for odd numbers and bend down to touch your toes for even numbers. Close your eyes, listen to the number I call out. For e.g. '67' so, either do a jumping jack or bend to touch your toes.
- Cube Drop: Another listening one. Drop a number of cubes, (or whatever will make a sound), into a container and the child must identify how many cubes are dropped in. Eyes must be closed.
- Before and After: Think of a number, say 12. Then the child must say the number before/ after 12.
- Number Attack: Think of a number, say 12. Then the child must write as many ways as possible of getting the number 12. They can add or take away. You can set a timer of three minutes for this task.
- What's Missing? give your child 5 numbers in order and leave out one. Then ask him/her what number is missing. So, for e.g. 37, 38, 39, X, 41... what's missing??
- Buzz Game – you count up, but you can't say a number with a certain digit. So, you choose before you start – You can't say a number with 2 and 7.
- Making up simple number stories. Include addition and subtraction within 20.

Practical Activity suggestions:

- Addition - moving forward on a number line or a 100 square to complete addition sums.
- Practice sums that make 10 (6+4, 7+3, etc), as well as doubles (4+4, 7+7 etc) and adding 10 (10+3, 10+6)
- Estimation: Use pasta shapes, coins, straws to practice estimating and counting.
- Money: Gather up coins - Play shop! Try to recognise, exchange and use coins.
- Capacity: Have fun with water. Use empty containers to experiment how much each one holds - More than, less than, same as.
- Time: Make a calendar - Read the day, date and month using calendar. Discuss birthdays and other significant events.
- Addition and subtraction worksheets.

PLAY and BE ACTIVE

- If you have any board games at home, it would be a great opportunity for your child to play a game with rules for example snakes and ladders.
- Encourage siblings to play together maybe outside in the garden or create something with Lego inside , Lego is also good to develop fine motor skills.
- Have fun and encourage your child to use their imagination during play.
- Have a short walk around the local neighbourhood.
- Bring some chalk outside and draw hopscotch markings, have a game!
- Teach your child to skip or have a skipping competition.
- Cosmic Yoga is a great website for children.
- Joe – The Body Coach <https://youtu.be/d3LPrhl0v-w> is excellent for some daily P.E.

FINE MOTOR SKILLS:

- Cutting and pasting: Create a picture using magazines, catalogues or newspapers.
- Colouring.
- Play dough / Marla.
- Bubble wrap- popping the bubble is great to develop fine motor skills if you have some lying around.

Letter Formation:

- Having an alphabet strip on the table in front of your child when writing can be useful if your child struggles to remember their letters. (These are available on www.twinkl.ie or you could write one out.)
- You could also practice the formations of letters. Again, there are lots of Letter formation booklets on “Twinkl” to print or you could just practise in a copy, on a whiteboard etc.

GROSS MOTOR SKILLS:

Ball skills throwing, catching and bouncing.

- Target Practice.
- Jumping, ,skipping, rolling.
- Play Simon says- e.g. Simon says do a star jump, run to the wall and back, skip around your garden / yard.

Other online resources available at:

- As I Am Community Support Webinar <https://youtu.be/fsEAVPkAfng>
- <https://www.storynory.com> for story time
- <http://www.littlemisssteacher.com> for literacy ideas
- <https://www.topmarks.co.uk> maths-games/5-7-years/counting
- <https://www.stageslearning.com> pages/free-autism-resources
- <https://myotandme.com>
- <https://www.helpkidzlearn.com>
- <https://www.twinkl.ie/resources/covid19-school-closures> for Listening and Reading Comprehension pieces.
- Carol Vorderman has a free Maths website. <https://www.themathsfactor.com>
- Busy at Maths: Online tutorials, games and interactive activities free to all parents.
<http://my.cjfallon.ie>
- <https://www.mathsweek.ie/2019/math-at-home>

Best wishes

The S.E.N. Team.